

TRAUMA &

ART THERAPY TREATMENT



Dr. Doris Arrington, A.T.R.-BC

**A workshop on the cutting edge of art therapy and
neuroscience discoveries**

Notre Dame de Namur University
Belmont, CA

February 13-14, 2010

T R A U M A &

ART THERAPY TREATMENT

Gavin Hall

Notre Dame de Namur University
1500 Ralston Ave.
Belmont, CA

Course # GPY 9400 Continuing Education

Sat, Feb. 13 – Sun, Feb. 14, 2010 9:00am – 5:00pm

14 CEU's approved for MFT, LCSW and A.T.R.

BBS Provider #PCE 2433 and ze-pl3634 in renewal

Registration Fee: \$210

This course presents advanced training in treating trauma with right hemisphere interventions as discussed by neuroscientists. The training presents a dynamic view of psychological trauma and its lasting effects on the mind, body and psyche. It will explain why nonverbal interventions are the key element in trauma recovery. Students will learn to identify the seven stages of the *Instinctual Trauma Response* in humans and expedite their client's process with the *Graphic Narrative Process*. Integrative with most theoretical orientations or treatment models, this process has proven to be highly effective in working with traumatized clients. Students should come prepared to actively participate in this advanced didactic and experiential workshop. Prior art experience is not necessary

ABOUT THE PRESENTER:

DORIS ARRINGTON, Ed.D, A.T.R.-BC, a California licensed Psychologist and a Board Certified Art Therapist is a former President of the Northern California Art Therapy Association and founding Director and Professor of the Art Therapy Psychology Department at Notre Dame de Namur University in Belmont, CA. Dr. Arrington is internationally recognized as a teacher and consultant on trauma. A Fulbright Senior Specialist to the Ukraine, she has keynoted and presented in China, Ethiopia, Ireland, Mexico, South Korea, Taiwan, Ukraine and the United States. She served 8 years as a National Director for the American Art Therapy Association and received the Distinguished Service Award at the completion of her services. She is a recipient of the Honorary Life Member Award from the Northern California Art Therapy Association and has received the Outstanding Educator Award from the University of San Francisco. Dr. Arrington, a prolific writer, is the author of articles, book chapters and two books; *Home is Where the Art Is: An Art Therapy Approach to Family Therapy* and *Art, Angst and Trauma: Right Hemisphere Interventions of Developmental Issues*.

WHO SHOULD ATTEND:

- ◆ Art Therapists ◆ Social Workers ◆ Counselors ◆ Psychologists ◆ Nurses
- ◆ Licensed Educational Psychologists ◆ Marriage and Family Therapists

WHAT YOU WILL LEARN:

- ◆ History and purpose of healing through art ◆ Patterns of attachment ◆ Cycles of violence
- ◆ Functions, purposes and anatomy of the brain ◆ The Instinctual Trauma Response Protocol ◆ Graphic and verbal narrative interventions

COURSE CONTENT:

History of healing through art

- ◆ Person
- ◆ Process
- ◆ Product

Patterns of attachment and intimacy

- ◆ Secure attachment
- ◆ Insecure attachment
- ◆ Film – Drawing from the fire

Life is best moving forward

- ◆ Erikson's developmental model
- ◆ Interruptions and motivations

The Instinctual Trauma Response (ITR) model

- ◆ Healing Trauma – Children and adult cases
- ◆ Protocol experiential

The many ways of knowing

- ◆ Purpose of the brain: Thinking and Feeling
- ◆ Functions and structure of the brain
- ◆ Film – Understanding childhood trauma

Q & A and Closure

