

## **NDNU ATHLETIC TRAINING PRE-PARTICIPATION PHYSICAL EXAMINATION POLICY**

The NDNU Athletic Training Staff, in conjunction with the Team Physicians, has developed the following policy on Pre-Participation Physical Examinations:

- All new student-athletes (transfers and freshmen) must undergo a PPE with an NDNU Team Physician
- All student-athletes must submit their Medical Forms (Medical History Update, Emergency Contact Form, Insurance Information, and required signatures) to the NDNU Athletic Training Staff
  - For Fall Sports (**Cross-Country, Soccer, Volleyball**): These forms will be due in the Athletic Training Room NO LATER THAN JULY 15!!!
  - For Winter/Spring Sports (**Basketball, Golf, Lacrosse, Softball, Tennis**): These forms will be due in the Athletic Training Room NO LATER THAN AUGUST 15!!!
- All returning student-athletes must undergo a detailed PPE update with an NDNU Team Physician in their 3<sup>rd</sup> year of participation.
- Pre-Participation Physical Examinations (PPEs) shall be coordinated by the Athletic Training Staff
  - Fall athletic teams (Men's/Women's Cross-Country, Men's/Women's Soccer, Women's Volleyball) shall undergo PPEs at the first possible opportunity after reporting
  - Winter and Year-Round Sports (Basketball, Golf) shall undergo PPEs at the first possible opportunity after the start of classes
  - Spring Sports (Lacrosse, Softball, Tennis) shall undergo PPEs at the next available opportunity after the start of classes
  - PPEs shall take place in the NDNU Athletic Department, and will be scheduled by the Athletic Training Staff in conjunction with the Team Physician
- New student-athletes (freshmen/transfer) who have been under the care of a physician for any injury or illness which precluded them from participation in athletics within 1 year of reporting to NDNU must provide documentation of medical clearance prior to being allowed to participate in any conditioning, practice, or competition