

Trauma, Healing, and the Arts

CEU CONFERENCE JUNE 19-20, 2009

Presented by NDNU & NorCATA



Linda Gantt, Keynote Speaker
*"Images Before Words:
The Necessity of Art for Trauma Treatment"*

Notre Dame de Namur University Belmont

NDNU
NOTRE DAME DE NAMUR UNIVERSITY
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St. Mary Hall #100
1500 Ralston Avenue
Belmont, CA 94002-1908

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SCHEDULE

Friday, June 19, 2009

- 6:30 pm Registration
- 7 pm "Images Before Words: The Necessity of Art for Trauma Treatment"
Keynote Address, Linda Gantt – Taube
- 8 pm Wine and Cheese Reception – Taube

Saturday, June 20, 2009

- 9am – noon "An Art Therapy Procedure for Trauma Processing: The Graphic Narrative"
Workshop by Linda Gantt
- 9am - noon "Father Knows Best: An Image-Making Workshop Exploring the Masculine Father
Within" Workshop by Arnell Etherington
- 9am - noon "Focusing-Oriented Art Therapy with Trauma" Workshop by Laury Rappaport
- 9am - noon "SoulCollage®: Healing from the Inside Out" Workshop by Amy Rogers and Lauren
Owenmark
- 12 - 1:30 pm Lunch**
- 1:30– 2:30 pm "Healing Trauma: Using the Visual Trauma Narrative" Paper by Tracy Sway
- 1:30– 2:30 pm "Using Art Based Treatment with Traumatized, High Risk Youth" Paper by Louvenia
Jackson
- 1:30– 3:00 pm "Vicarious Traumatization: Self-care for the Therapist" Presentation by Mary Taylor
- 1:30– 3:00 pm "Utilizing Art Therapy to Support the Healing and Prevention of Trauma in a
Community Center Serving Adults with Chronic and Persistent Mental Illness"
Presentation by Stacey DeForrest and Lisa Giovannetti
- 1:30 - 4:30 pm "The Right Hemisphere: Trauma and Art Therapy" Workshop by Linda Chapman
- 3:30 - 4:30 pm "Forgiveness: A Counseling Tool" Paper by Doris Arrington
- 3:30 - 4:30 pm "Behind the Fence: The Creative Force of Mural Painting within a Forensic Hospital"
Paper by Kristin Menne, Tara Hines, MA and Jennie Gilmore, MS
- 3:30 – 5:00 pm "Self Care for Art Therapists Who Treat Clients with Unresolved Trauma" Presentation
by Gail Caulfield
- 3:30 – 5:00 pm "Trauma and Tragedy: The Role of Art Therapy in Healing the Soul" Presentation by
Ron Lay
- 5:00 - 7:00 pm Marketplace, Silent Auction & Book Signing - Doris Arrington, Laury Rappaport &
Linda Chapman
- Open Studio - Ongoing throughout the conference

CONFERENCE REGISTRATION FORM



For office use

Credit Card

Ck #

Amount

Name _____

Address _____

City, State, Zip _____

Telephone (H) _____ (W) _____

Email _____

Conference Fees

Full Registration -- GPY 9900 (1-7 units) \$125 _____

Student Registration -- GPY 9900 (1-7 units) \$100 _____

Total \$ _____

Lodging Fees

New Hall Suites: \$37.80/night/person

Four separate bedrooms, 1 common area, 1 common bathroom

Number of rooms _____

Total \$ _____

Paid separately to NDNU

Register by May 30, 2009. Payment must accompany this registration.
NO registration without payment.

Lunch: on own - local area options will be provided in hand-out

Program Selection: Indicate your 1st, 2nd, and 3rd choices for each time slot

Saturday 9:00 am - 12:00 pm

___ Linda Gantt

___ Arnell Etherington

___ Laury Rappaport

___ Amy Rogers & Lauren Owenmark

Saturday 1:30 pm - 4:30 pm

___ Linda Chapman

Saturday 1:30 pm - 2:30 pm

___ Louvenia Jackson

___ Tracy Sway

Saturday 1:30 pm - 3:00 pm

___ Stacey DeForrest & Lisa Giovannetti

___ Mary Taylor

Saturday 3:30 pm - 4:30 pm

___ Doris Arrington

___ Kristin Menne et al

Saturday 3:30 pm - 5:00 pm

___ Ron Lay

___ Gail Caulfield

“SoulCollage®: Healing from the Inside Out”

SoulCollage® is a process, designed by Seena Frost, that involves creating a personal set of cards to acknowledge the inner parts of the self for the primary purpose of self-exploration and acceptance. This workshop will use SoulCollage® to explore the participant’s internal healers with a tangible reflection of their inner healer, while also tending to themselves as caregivers.

Amy Rogers, MFT, ATR-BC; Member, NorCATA, AATA; Alumna, NDNU
Lauren Owenmark, ATR-BC, LPC; Member, NorCATA, AATA

“The Right-Hemisphere, Trauma, and Art Therapy”

Dr. Allan Schore has described a paradigm shift currently taking place in the psychotherapeutic community pertaining to neurodevelopment and the function of the right hemisphere, as well as the relationship to information processing and art therapy. New trauma model concepts will be presented for optimal therapeutic potential along with an experiential.

Linda Chapman, MA, ATR-BC; Member, AATA, NorCATA; Director, Art Therapy Institution of the Redwoods

“Using Art Based Treatment with Traumatized, High Risk Youth”

The way that many youth experience trauma is connected through their cultural background. Focusing on the societal and ethnic effects of trauma on youth and understanding the role of culture in response to a traumatic event can create a healing environment for art based treatment to reconstruct the broken pieces and create a new visual.

Louvenia Jackson, MFT, ATR; Member, NorCATA; Alumna, NDNU

“Healing Trauma: Using the Visual Trauma Narrative”

Trauma literature depicts the chaos of the trauma experience as well as the use of art in treatment. The presenter will identify the importance of preparation for the creation of the visual trauma narrative and identify treatment goals and procedures within this context.

Tracy Sway, MA, MFTI; Member, AATA

“Utilizing Art Therapy to Support the Healing and Prevention of Trauma in a Community Center Serving Adults with Chronic and Persistent Mental Illness”

Art Therapists serving adults with chronic and persistent mental illness will present the common traumatic experiences of this population and how the community of the Center supports healing and prevention of retraumatization. The speakers will discuss the development of a strength-based creative culture and make recommendations for creating a safe and validating environment.

Stacey DeForrest, MFTI, ATR; Member, NorCATA, AATA; Alumna, NDNU
Lisa Giovannetti, LCPC, ATR-BC; Member, NorCATA, AATA

“Vicarious Traumatization: Self Care for the Therapist”

Balancing awareness of burn-out symptoms and regular practices of self care largely impacts the therapist’s effectiveness and longevity in performing clinical work. This presentation will help participants distinguish between Compassion Fatigue, Burnout, Primary & Secondary Trauma, and Vicarious Traumatization in order to increase recognition of symptoms, develop a self care plan and create a ‘Shield’ as a symbol of protection.

Mary Taylor, MFT, SAC; Member, AATA; Alumna, NDNU

“Forgiveness: A Counseling Tool”

The global question of forgiveness as well as the impact of age and gender on forgiveness will be examined; continuing with the language and stages of forgiveness; and magical and religious thoughts about forgiveness (Fogarty, 1999). Participants will explore theoretical models of forgiveness focusing on the integration of Luskin’s (2003) Guided Practice (Heal) into art therapy treatment related to working with trauma.

Doris Arrington, Ed.D, ATR-BC, HLM & Former President, NorCATA; Member, AATA; Author; Founding Director, Art Therapy Psychology Dept., NDNU; Fulbright Award recipient.

“Behind the Fence: The Creative Force of Mural Painting within a Forensic Hospital”

The art studio approach to mural painting will be examined, specifically with one group of forensically committed adult males using photographs and video of murals and the clients involved in painting those murals. Emphasis will be placed on the art therapist’s understanding of what that creative process means to those who have experienced the pain of both mental illness and the criminal justice system.

Kristin Menne, MA, ATR-BC; Member, NorCATA, AATA
Jennie Gilmore, MS
Tara Hines, MA

“Trauma & Tragedy: The Role of Forensic Art Therapy in Healing the Soul”

Healing is a complex endeavor further complicated when one has been involved with criminal activity and experiences mental illness. This paper will explore the concepts of trauma by utilizing case material, images of artwork, the role art therapy plays in the reparation of the soul and the necessity for self-care while engaged in this significant work.

Ronald P.M.H. Lay, MA, ATR-BC; Member, NorCATA, AATA

“Self Care for Art Therapists who Treat Clients with Unresolved Trauma”

Dan Siegal, M.D. defines an integrated, healthy mind as “Flexible, Adaptive, Coherent, Energized and Stable” (FACES) as a description of well-being. The facilitator will explore ‘How did we get there ourselves?’, review the recent results of brain research, and discuss how mindfulness practice cultivates these qualities. Using clay as a medium will help to integrate and self-regulate the side effects of working with clients with unresolved trauma.

Gail Caulfield, MFT, ATR-BC; Member, NorCATA, AATA; Alumna, NDNU; Private Practice

REGISTRATION INFORMATION

Please register by May 30, 2009 as space is on a first-come, first-serve basis. Reserve your spot early. Be aware that Presentations are on a first-come first-serve basis, so if you are late in signing up, you will be paying a full fee, but not getting your choice of presentations.

Linda Gantt Keynote Address is open to all.

CEU Hours Information

Continuing Education Units will be provided by NDNU. The number of units you are credited with depends upon what you've signed up for and your signatures on the attendance sheets at the beginning and end of each presentation. BBS Provider # PCE 2433

A certificate of CE Hours will be sent via mail after conference ends.

Conference Fees:

Full Registration	\$125	
Student Registration	\$100	(Student ID must be submitted with registration)

Payment Information

Make checks payable to: Notre Dame de Namur University
FAX Registration to: (650) 508-3520 (Credit card number & signature must be on the FAX)

Credit Card Payments: Visa/Master Card

Credit Card Number _____

Expiration Date _____

Signature _____

You MUST register in person or by mail (no e-mail).

Drop/Cancellation Policy

To receive a full refund, you must drop the registration/program by June 12, 2009. Full refund will be granted for cancelled courses.

Disability Statement: All individuals with disabilities who need special accommodations or related assistance should contact Peggy Koshland-Crane at least one week prior to the beginning of the course. Please call (650) 508-3670 or e-mail mcrane@ndnu.edu

Questions about the conference: Please contact the Art Therapy Department: (650) 508-3556 or e-mail: arttherapy@ndnu.edu

DESCRIPTIONS OF PAPERS, WORKSHOPS, AND PRESENTERS

Friday

"Images Before Words: The Necessity of Art in Trauma Treatment"

Traumatic experiences functionally disconnect the verbal workings of the brain from the nonverbal. Because the symptoms arising from any type of trauma are experienced first as nonverbal sensations, feelings, and fragments; they are difficult or impossible to describe in words. Art provides a means by which to make a bridge from present symptoms to a past event.

Linda Gantt, Ph.D., ATR-BC; AATA; Author; Researcher; Executive Director, Intensive Trauma Therapy, Inc.

Saturday

"The Graphic Narrative: An Art Therapy Procedure for Trauma Processing"

This experiential workshop will give participants a theory and structure to use for constructing a series of drawings to tell a trauma story without re-living it. This method has built-in advantages for creating emotional distance as well as providing permanent relief by re-contextualizing those pieces of "memory shrapnel" that can trigger flashbacks as intrusive symptoms.

Linda Gantt, Ph.D., ATR-BC; AATA; Author; Researcher; Executive Director, Intensive Trauma Therapy, Inc.

"Father Knows Best: An Image Making Workshop Exploring the Masculine 'Father' Within"

This experiential workshop explores "father" through image/doll making and offers an opportunity to approach the 'father' principle in a way where one can own their ideal "father" and begin to have it active despite other factors. Often trauma with the external father prevents viewing the internal construct. Producing a rich image of one's own personally defined "father" construct can release negative responses as well as serve to honor the way in which "father" serves us well in the world.

Arnell Etherington, Ph.D., MFT, ATR-BC; HLM, NorCATA, Member, AATA; Dean of Arts & Sciences, NDNU; Private Practice

"Focusing-Oriented Art Therapy with Trauma"

Focusing-Oriented Art Therapy (FOAT) integrates Eugene Gendlin's mind/body practice of Focusing with art therapy. This workshop provides an overview of FOAT, along with the basic concepts of The Focusing Attitude, felt sense and felt shift. Three basic approaches of FOAT will be presented within the context of trauma specialist Judith Herman's three stages of recovery (didactic and experiential workshop).

Laury Rappaport, Ph.D., ATR-BC, REAT; Member, NorCATA, AATA; Author; Faculty, Art Therapy Psychology Dept., NDNU