

FIRST GENERATION STUDENTS: RECEIVE \$1,500 SCHOLARSHIP

COMPLETE A TWO SEMESTER "GEN 1" PROGRAM

PROGRAM HIGHLIGHTS

HAVE A GREAT COLLEGE EXPERIENCE

Make NDNU your home. Get involved in the activities that help you thrive by learning all that the University has to offer. Build strong campus relationships with your professors, advisors, and staff.

PROGRAM FEATURES:

- Transition to college
- Explore services available at Notre Dame de Namur University

BE HEALTHY, BE HAPPY

Give yourself what you need to feel great. Balance your priorities and de-stress your life. Be supported socially and emotionally.

Gen 1 Program participants will live in campus residence halls on the same floor and therefore be members of an intimate living/learning community, which may include themed floors. During the academic year, guest speakers will lead an evening discussion group in one of the residence halls for **Gen 1** participants on various topics.

PROGRAM FEATURES:

- Health and physical fitness (wellness promotion)
- Personal support network
- Stress management
- Time management
- Financial literacy
- Career opportunities
- Family outreach
- Networking with successful first generation alumni

The **Gen 1** program is made possible by a grant from The Bill Hannon Foundation.

PLAN YOUR COLLEGE AND CAREER PATH

Figure out what your future has in store for you. Connect your academic plan to your long term goals. Do well in school. Find great internships and work experiences.

PROGRAM FEATURES:

- Long-term planning
 - Determine where you want to go in college and beyond
 - Assess your goals and life values
- Four-year roadmap to
 - Set a GPA goal
 - Strengthen study skills
 - Set summer goals
 - Find an internship
 - Career goals and skills

ACCOMPLISH WHAT MATTERS MOST

Juggle your busy life and receive supplemental academic support to succeed at NDNU and beyond.

PROGRAM FEATURES:

- Learning Strategies
- College level study techniques, methods, and resources

SCHOLARSHIPS

After successful completion of the **Gen 1** program and completion of your freshman year with at least a 2.5 grade point average, each **Gen 1** student will be named a **Gen 1** Scholar and awarded a \$1,500 Scholarship toward their sophomore year tuition.



**MEET SUCCESSFUL STUDENTS/MENTORS TO
HELP YOU ACCLIMATE TO COLLEGE LIFE**

PROGRAM FEATURES:

- Peer mentoring with upperclassmen, many of whom are first generation
- One-on-one attention committed to your personal developmental success
- Mentors will work with first generation students to achieve the fullest college experience possible

QUALIFICATIONS TO PARTICIPATE:

Students must be classified as a first generation student. A first-generation college student is defined as any student whose parents have not received a baccalaureate degree. Students must also be freshmen entering the fall 2011 semester at Notre Dame de Namur University.

PARTICIPATING IN THE GEN I PROGRAM:

Students meeting the qualification of a first generation student are automatically placed in the **Gen 1** program.

If you don't wish to participate, email mcrane@ndnu.edu.

