SPRING 2014
Developing Your Leadership Strengths | HSP 2286 09
Saturday, March 29, 2014 | 9:00 AM – 5:00 PM

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Course Description
What do you believe is more powerful in ensuring your professional success as a leader, fixing your weaknesses or further developing your strengths? According to years of research by The Gallup Organization, the source of our greatness lies not in focusing our energy on remediating weaknesses but rather in identifying and building on our natural talents. Adding skills and knowledge to natural talents produces strengths and consistent, near perfect performance. The key to achieving success through a strengths-based approach is identifying our natural talents and then consciously choosing to strengthen and utilize them. Weaknesses simply become things about ourselves we learn to manage, saving the best part of our energy and attention to building our strengths.

This course will introduce students to the strengths-based leadership philosophy and research as well as provide the opportunity to explore their strengths through the StrengthsFinder 2.0 assessment*, set up specific goals and action items, and explore how to better utilize strengths in the workplace and with teams.

*Prior to the day of the course, students are asked to please purchase and read StrengthsFinder 2.0 by Tom Rath and have completed the online assessment. StrengthsFinder 2.0 can be purchased from any major book retailer for under $15.00. The book contains an exclusive code that is used to access the online assessment. Do NOT purchase this book used. Students should bring their assessment report to the class. If you have taken the assessment previously and still have access to your results, you may use that for this course.

Learning Objectives
By taking this course students will learn and understand:

- The roots of the strengths movement and grounding research
- Core philosophies of strengths-development
- Their individual strengths and the application of those strengths to leadership
- The application of strengths development in the workplace - with teams and employees

Important Information
- Please bring a copy of your StrengthsFinder report to the class (either hard copy or electronic).
- Please arrive on time and plan to stay for the entire day to ensure credit for the course.
- This course is hands-on, experiential and requires full student participation.