WANTED:
HEALTH AMBASSADORS

Second Harvest Food Bank of Santa Clara and San Mateo Counties is looking for Health Ambassadors to promote healthy eating in our community!

Since its inception in 1974, Second Harvest has become one of the largest food banks in the nation, providing food to more than one quarter of a million people each month. We also play a leading role in educating families on how to make healthier food choices. As a Health Ambassador, you will teach our clients to prepare unfamiliar foods, to follow the USDA MyPlate guidelines, and to practice food safety techniques.

TO QUALIFY:
- Have time to volunteer during working hours, M-F 8am-5pm. Some Saturdays.
- Commit to volunteer at least 3-9 hours per month for 3 months. Volunteer hours include nutrition education and nutrition material development.
- Attend a 3.5 hour training on Tuesday, January 26, at our Cypress Center, from 1-4:30 PM and complete a 2-hour online food safety training. During this training, you’ll learn about basic nutrition, food safety, cultural awareness, low-literacy materials, and adult learning principles.
- Have some form of transportation to sites in either San Mateo or Santa Clara County. Carpooling is available.
- You have a passion for healthy eating, cooking, and helping others!
- Comfortable working as part of a team with diverse population and speaking with others.
- 18 years or older
- Desirable, but not required: bilingual in another language (Spanish, Vietnamese, Chinese, Russian, and Tagalog)

REWARD:
- Making a positive difference in the community
- Great resume booster
- Valuable hands-on experience
- Community service hours
- A Food Handler’s Permit upon completion of food safety online course and exam

TO APPLY: please contact
San Mateo County - Alex Navarro at anavarro@shfb.org
Santa Clara County - Alejandra Menjivar at amenjivar@shfb.org

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