



## NDNU Student Wellness Services

### Healthy Choices Policy

In order to maintain a socially responsible learning community, NDNU requires all first-year and transfer students to complete the *Healthy Choices Program* before arriving on campus. The *Healthy Choices Program* is comprised of research-based, online training programs that educate incoming students about the risks associated with alcohol and sexual misconduct, and helps to empower students to make healthy choices.

*Healthy Choices* supports NDNU's mission to create a safe campus environment for all, and also meets the requirements of the Campus Sexual Violence Elimination Act (Campus SAVE Act). The SAVE Act mandates all post-secondary institutions that participate in financial aid programs to educate students, as well as employees, in recognizing, reporting, and preventing sexual misconduct.

Students will receive an invitation prior to each semester from Health Services via their NDNU email when their course becomes available. Students must register for their courses using their NDNU email address. If a student does not receive an email, they can contact the Health Services & Education Coordinator, who serves as the course administrator, at [healthservices@ndnu.edu](mailto:healthservices@ndnu.edu).

### Healthy Choices Program

**The two-part *Healthy Choices* educational program will be assigned to all new and incoming first-year and transfer students.**

Part 1: Healthy Choices: This course consists of two modules. The Alcohol Wise program educates students about the harmful effects of alcohol. The Consent & Respect program helps students recognize healthy actions, attitudes, and behaviors within relationships. Post-tests for Alcohol Wise and Consent & Respect must both be completed with a score of 70% or higher to pass.

Part 2: Healthy Choices: This course consists of the second part of the Alcohol Wise module.

## **Deadlines for Completion**

Depending on when you started attending NDNU, the deadlines for completion of the *Healthy Choices* courses and subsequent assigned parts are as follows:

### **For Students Entering in the Fall, Deadlines:**

Part 1, Fall semester: Due October 21, 2019 at 5:00 p.m.

Part 2, Spring semester: Due January 15, 2020 at 5:00 p.m.

### **For Students Entering in the Spring, Deadlines:**

Part 1, Spring semester: Due January 15, 2020 at 5:00 p.m.

Part 2, Spring semester: Due March 16, 2020 at 5:00 p.m.

## **Failure to Complete the Course**

If students fail to complete their *Healthy Choices* course by not passing both Alcohol Wise part 1 post-test and Consent & Respect post-test with a score of 70% or higher, an academic hold will be placed on their account. This will prohibit them from registering for spring semester.

It is the sole responsibility of the student to present evidence of their successful course completion to have their hold removed. Students should print out and bring their certificate of completion from 3<sup>rd</sup> Millennium Classrooms to the Health Services office in order to have their hold removed. Health Services, upon receipt of this print-out, will remove the hold on the student's account as soon as is feasible and in no longer than 3 business days.

## **Technical Support**

The technical support team can be reached at [help@3rdmil.com](mailto:help@3rdmil.com) or 888-810-7990.