



TO: All new and current Residential and International Students

FROM: NDNU Health Services

RE: Health Information Requirements

In preparation for your arrival at NDNU I would like to make you aware of some important health related paperwork that will ensure your campus experience is smooth and safe. The campus requires that your immunization records be submitted **before the start of the new semester or the new academic year**. If you plan to live on campus in any of the resident halls, you must turn in your application, which includes your immunization records. You will not receive your room assignments if you are in non-compliance. Thus, upon receipt of your completed application and immunization records, you will be notified by the Housing Office for assignment. Please note that a hold will be placed on your account preventing registration from future semesters if you are in non-compliance.

The campus policy reads:

All incoming and current Residential students and all International students are required to provide immunization information and must submit proof that you have met the following immunization requirements prior to your first semester of enrollment. The forms can be found at <http://www.ndnu.edu/campus-life/health-services/>

- MMR (Measles, Mumps, Rubeola)
- Hepatitis B
- Tuberculosis (TB) Risk Assessment
- Tuberculosis (TB) Test or Chest X-Ray (for International Students)

Students must also provide a signed receipt of information about Meningococcal disease and immunization recommendations. This form can also be found at the aforementioned link.

Forms must include:

- Documentation (month, day and year) of receiving TWO doses of the MMR vaccine (or TWO doses of Measles vaccine and TWO doses of Mumps vaccine)
– OR –
- Documentation of a positive Rubella titer and Mumps titer (laboratory blood test)
- An official signature or stamp from the primary physician or clinic.

How to turn forms in (3 ways):

- Walk forms over to the Housing Office in St. Joseph's Hall or Health Services in New Hall W01 or Student Affairs in Julie Billiard (JB) Hall 141
- Send via email in PDF form to healthservices@ndnu.edu
- Fax forms to 650-508-3492 (include cover letter)

Tips for obtaining immunization records:

- There are two ways to prove your immunization history:
 - 1) Vaccination records from your physician will be adequate in most cases.

Places You May Want to Check

- -Call your healthcare providers.
- -Ask your parents.
- -Contact schools and colleges you have attended; they may have a copy.

2) When those records are not available, having your blood titers drawn will provide the documentation your school or work may need.

- Titers are blood tests that check your immune status to vaccinations or diseases you may have received in the past. If your titer results are positive, it means that you have adequate immunity to a particular infectious disease. Therefore, you do not need to get that particular vaccine.
- An MMR Titer is a blood test to check immunity for Measles, Mumps, and Rubella. The vaccine for MMR has been given routinely in the United States since 1971.
- If however your titer results are negative, you may have to get the vaccinations your school or work requires. Your physician or nearby health clinic should offer all vaccines for work, school and travel.
- While there is generally no harm in getting re-vaccinated, the blood titer is generally more cost effective.

- Tuberculosis (TB) Risk Assessment

Your physician may do a TB risk assessment and deem you to be “low risk,” which must be documented in writing. However, if you are found to be “at risk of TB infection” a test must be done (Mantoux, PPD, IGRA). All students with a positive TB test must have a medical evaluation done including a chest x-ray. All test results must be submitted to Health Services.

Self-reported doses and history of vaccination provided by a parent or other caregiver are not considered to be valid. We will only accept a written, dated record as evidence of vaccination.

If you have any questions, please feel free to contact us at healthservices@ndnu.edu or call (650) 508-3756. We look forward to seeing you in the Fall.